

EATING DISORDER COALITION OF IOWA (EDCI)  
BOARD OF DIRECTORS MEETING MINUTES

**December 4, 2020 at 6:15AM CST/ Zoom**

Call To Order

Present: Melissa Arnold, Amy Crane, Suzanne Hull, Tanya Hargrave-Klein, Michelle Kellar, Lynn Moore, Holly Paulsen, Kristy Reiken, Sara Schwatken, Kathryn Wierda

Item 1: **President Report (Kristy Reiken):** Meeting was called to order at 6:20am.

Item 2: **Treasurer Report (Amy Crane)**

- Account balance is \$57,274.37.
- Bank is requiring specific statement in minutes to allow Amy and Susan to have signature authorization for bank account.
- Motion: To approve the treasurers report. (Amy Crane motioned, Lynn Moore seconded)
- Motion: Amy Crane and Suzanne Hull are authorized to have their names on the EDCI bank account at Vision Bank. They also have the authority to write checks, make deposits and make changes to who is listed on our checking account. (Amy Crane motioned, Michelle Kellar seconded)

Item 4: **Secretary Report (Tanya Hargrave-Klein)**

- Motion: To approve the November meeting minutes as presented. (Kim Pontius motioned, Holly Paulsen seconded)

Item 5: **Fundraising (Kristy Reiken)**

- Kristy and Tanya hosted a Giving Tuesday Facebook fundraiser. Alyson St. Germaine also hosted one for EDCI. The website indicates the funds will be dispersed to EDCI in February.
- Thank you to Joyce and Paula for organizing Giving Tuesday mailing. Approximately 85 cards were sent to past contributors.
- Sara reminded Board members to promote the Amazon Smile option. To date, EDCI has received \$194.86 from Amazon Smile according to the Amazon website.
- Amy created an Excel file to record charitable contributions. To date in 2020, EDCI has received \$2,690.00 in charitable contributions.

Item 6: **P/P (Kathryn Wierda)**

- A new professional membership process was presented. It is suggested that interested professionals complete an online application form and make a minimum donation of \$35. The Executive Director will be responsible for confirming professional licensure of the applicant and will bring the application to the EDCI Board for review. Membership ends on June 30 each year and the Executive Director will be responsible for the renewal process.
- The committee will update the policy based on the discussion and present at the January Board meeting for approval.

- Updated EDCI Board member qualifications were presented. Suzanne suggested having new Board members sign a pledge that lays out expectations. The P/P committee will draft a pledge and present to the Board for approval in January.
- Motion: To approve the Board member qualifications as presented. (Kim Pontius motioned, Lynn Moore seconded)

Item 7: **Professional Membership Excel file (Sara Schwatken)**

- Sara requested Board members assist in this effort by reaching out to members and verifying contact information.
- Sara will update the information on the website.
- Kristy questioned whether or not we should offer a thank you gift to professionals. A mug or t-shirt was suggested. Discussion will resume after an inventory can be completed at the storage unit.

Item 8: **K-12 Education (Kristy Reiken)**

- If you are interested in supporting the mental health of young people AND supporting educators, consider offering to read the book, Right Now, I Am Fine, to students in your local schools.

Item 9: **December Holiday Gathering (Holly Paulsen)**

- Plan to join our holiday gathering at 6PM on Sunday, December 13<sup>th</sup>.
- Holly will be sending an invite with Zoom link later this week.

Item 10: **2021 Outlook (Kristy Reiken)**

- The January work session will be a strategic planning session.
- Suzanne provided a template that she recommends to guide the session.
- Motion: To approve moving the January board meeting from January 1<sup>st</sup> to January 8<sup>th</sup>. (Kim Pontius motioned, Michelle Kellar seconded)

Item 11: **Adjourn**

- Motion: To adjourn this EDCI Board meeting (Michelle Kellar motioned, Kathryn Wierda seconded)