

EATING DISORDER COALITION OF IOWA (EDCI)
BOARD OF DIRECTORS MEETING MINUTES

October 1, 2021 at 6:15AM CST/Zoom

Present: Melissa Arnold, Amy Crane, Suzanne Hull, Tanya Hargrave-Klein, Michelle Kellar, Holly Paulsen, Kim Pontius, Kristy Rieken, Kathryn Wierda

Action Items:

Call To Order (Kristy Rieken):

- Meeting was called to order at 6:22am.
- Quorum established.
- Motion to approve agenda with the addition of journal club was made by Michelle Kellar; seconded by Holly Paulsen. Approved by Board.
- Motion to approve the September 10th meeting minutes was made by Kim Pontius; seconded by Melissa Arnold. Approved by Board.
- Motion to approve the written committee reports was made by Kim Pontius; seconded by Michelle Kellar. Approved by Board.
- Motion to approve hosting a journal prompt on various EDCI platforms was made by Kim Pontius; seconded by Michelle Kellar.
 - Sara Schwatken is working with a volunteer interested in writing journal prompts that would be shared on EDCI platforms.
 - Kathryn Wierda suggested requesting submissions for e-newsletter.Board approved.
- Motion for EDCI to advocate for the use of the BE REAL program by Denise Hamburgers to educators in Iowa was made by Tanya Hargrave-Klein; seconded by Amy Crane.
 - Amy Crane requested that any Board member with educator contacts let her know.
 - Tanya Hargrave-Klein noted that new volunteer, Lejla, is networked with educators in eastern Iowa.
 - Kristy Rieken reported she will be presenting to SW Iowa AEA and could promote this.Board approved motion.
- Motion to approve Lindsay Schwartz for EDCI professional membership was made by Kim Pontius; seconded by Holly Paulsen. Board approved.
- Motion to approve Christy Aquino for EDCI professional membership was made by Holly Paulsen; seconded by Michelle Kellar. Board approved.

Verbal Reports:

Officer Reports

President Report (Kristy Rieken)

- Exec Board working on strategic planning process.
- 5 volunteers attended the meet and greet.

Treasurer Report (Amy Crane)

- Checking account balance is approximately \$63,258.94.
- Board members should complete and submit the expense reimbursement form going forward when requesting to be reimbursed for EDCI-related expenses.

Old Business:

Events

- Virtual conference is on October 15th. Board members are encouraged to continue to promote.
- Holly Paulsen and Amy Crane volunteered to test CEU process.
- Kathryn Wierda, Kim Pontius, Holly Paulsen, and Melissa Arnold volunteered to assist with Rose Ceremony.
- Board members register under community registration for free rate.

P&P Committee

- Committee is working on the conflict of interest policy and plans to bring to Board for discussion in November.
- A policy delineating how to amend the P&P's mid-year is needed. Suzanne suggested tracking changes in P&P document. Committee will bring policy to Board in the coming months.

Therapy/Support Group

- This discussion was tabled due to the absence of Lynn Moore.

New Business:

Strategic Planning

- Executive Committee is focused on three broad areas for strategic planning purposes including education, awareness, and support.
- Kristy Rieken requested that each committee begin setting measurable goals/objectives around these areas. More information to follow.

Education Events

- Kristy Rieken will be exhibiting at the Atlantic High School on October 25th.
- Kristy Rieken will be presenting to the Green Hills Area Education Agency on December 14th.

E-Newsletter

- Suzanne reminded Board members that submissions for the e-newsletter are needed.

Adjourn: Kathryn Wierda made a motion to adjourn the meeting; Kim Pontius seconded the motion. Board approved.

- Meeting adjourned at 7:16AM

-Submitted respectively by Tanya Hargrave-Klein, Secretary, on October 6, 2021.