

EATING DISORDER COALITION OF IOWA (EDCI)  
BOARD OF DIRECTORS MEETING MINUTES

**October 1, 2021 at 6:15AM CST/Zoom**

Present: Melissa Arnold, Amy Crane, Suzanne Hull, Tanya Hargrave-Klein, Michelle Kellar, Holly Paulsen, Kim Pontius, Kristy Rieken, Kathryn Wierda

Action Items:

**Call To Order (Kristy Rieken):**

- Meeting was called to order at 6:22am.
- Quorum established.
- Motion to approve agenda with the addition of journal club was made by Michelle Kellar; seconded by Holly Paulsen. Approved by Board.
- Motion to approve the September 10th meeting minutes was made by Kim Pontius; seconded by Melissa Arnold. Approved by Board.
- Motion to approve the written committee reports was made by Kim Pontius; seconded by Michelle Kellar. Approved by Board.
- Motion to approve hosting a journal prompt on various EDCI platforms was made by Kim Pontius; seconded by Michelle Kellar.
  - Sara Schwatken is working with a volunteer interested in writing journal prompts that would be shared on EDCI platforms.
  - Kathryn Wierda suggested requesting submissions for e-newsletter.Board approved.
- Motion for EDCI to advocate for the use of the BE REAL program by Denise Hamburgers to educators in Iowa was made by Tanya Hargrave-Klein; seconded by Amy Crane.
  - Amy Crane requested that any Board member with educator contacts let her know.
  - Tanya Hargrave-Klein noted that new volunteer, Lejla, is networked with educators in eastern Iowa.
  - Kristy Rieken reported she will be presenting to SW Iowa AEA and could promote this.Board approved motion.
- Motion to approve Lindsay Schwartz for EDCI professional membership was made by Kim Pontius; seconded by Holly Paulsen. Board approved.
- Motion to approve Christy Aquino for EDCI professional membership was made by Holly Paulsen; seconded by Michelle Kellar. Board approved.

Verbal Reports:

**Officer Reports**

**President Report (Kristy Rieken)**

- Exec Board working on strategic planning process.
- 5 volunteers attended the meet and greet.

**Treasurer Report (Amy Crane)**

- Checking account balance is approximately \$63,258.94.
- Board members should complete and submit the expense reimbursement form going forward when requesting to be reimbursed for EDCI-related expenses.

Old Business:

**Events**

- Virtual conference is on October 15<sup>th</sup>. Board members are encouraged to continue to promote.
- Holly Paulsen and Amy Crane volunteered to test CEU process.
- Kathryn Wierda, Kim Pontius, Holly Paulsen, and Melissa Arnold volunteered to assist with Rose Ceremony.
- Board members register under community registration for free rate.

#### **P&P Committee**

- Committee is working on the conflict of interest policy and plans to bring to Board for discussion in November.
- A policy delineating how to amend the P&P's mid-year is needed. Suzanne suggested tracking changes in P&P document. Committee will bring policy to Board in the coming months.

#### **Therapy/Support Group**

- This discussion was tabled due to the absence of Lynn Moore.

#### **New Business:**

##### **Strategic Planning**

- Executive Committee is focused on three broad areas for strategic planning purposes including education, awareness, and support.
- Kristy Rieken requested that each committee begin setting measurable goals/objectives around these areas. More information to follow.

##### **Education Events**

- Kristy Rieken will be exhibiting at the Atlantic High School on October 25<sup>th</sup>.
- Kristy Rieken will be presenting to the Green Hills Area Education Agency on December 14<sup>th</sup>.

##### **E-Newsletter**

- Suzanne reminded Board members that submissions for the e-newsletter are needed.

**Adjourn:** Kathryn Wierda made a motion to adjourn the meeting; Kim Pontius seconded the motion. Board approved.

- Meeting adjourned at 7:16AM

-Submitted respectively by Tanya Hargrave-Klein, Secretary, on October 6, 2021.