

EATING DISORDER COALITION OF IOWA (EDCI)
BOARD OF DIRECTORS MEETING MINUTES

August 6, 2021 at 6:15AM CST/Zoom

Present: Melissa Arnold, Amy Crane, Suzanne Hull, Tanya Hargrave-Klein, Michelle Kellar, Holly Paulsen, Kim Pontius, Kristy Rieken, Sara Schwatken, Kathryn Wierda

Item 1: Call To Order (Kristy Rieken):

- Meeting was called to order at 6:20am.
- Quorum established.

Item 2: President Report (Kristy Rieken)

- Kristy presented and Suzanne exhibited at school mental health event in Oakland, Iowa on August 2nd. 22 new contacts were made.

Item 3: Executive Director Report (Suzanne Hull)

- Executive Director email is ed@edciowa.org.

Item 4: Treasurer Report (Amy Crane)

- Bank account balance is \$60,629.92.
- Received another \$300 from Network for Good (Facebook) donations. Amy and Suzanne working to identify donors so that thank you letters may be sent.
- Motion to approve the Treasurer report was made by Amy Crane, seconded by Kim Pontius. This was approved.

Item 5: Secretary Report (Tanya Hargrave-Klein)

- Motion to approve the June Board meeting minutes was made by Michelle Kellar, seconded by Holly Paulsen. This was approved.

Item 6: Committee Reports

- Kim Pontius gave a shout-out to Suzanne Hull for reformatting the policies and procedures document.

Item 7: Budget Committee (Amy Crane)

- Kim Pontius motioned to approve the 2021-22 budget, seconded by Sara Schwatken. This was approved.

Item 8: Fundraising Committee (Tanya Hargrave-Klein, Amy Crane, and Sara Schwatken)

- Identified potential projects for grant applications.
 - Support groups
 - Requests for speakers at community events.
 - School curriculum – parent packets.
 - Scholarships for providers to attend continuing education, individuals to seek treatment.
 - Capacity building potential
- HUGS kits

- EDCI provides link on website for individuals to purchase kits. EDCI receives 20% of sales.
- Motion to add HUG kits to the website was made by Amy Crane, seconded by Sara Schwatken. This was approved.
- Affirmation Scales
 - Should EDCI sell these online?
 - Kristy to coordinate an event in which volunteers and Board members meet to create affirmation scales in person.

Item 9 **Meet and Greet For Volunteers (Kristy Rieken)**

- Suzanne to send out Doodle Poll to determine best day/time for a virtual meet and greet with volunteers.
- Committees could provide overview of upcoming volunteer opportunities.
- Introduce volunteers to founders?

Item 10 **Membership Committee (Sara Schwatken)**

- Motion to approve Heather Pickart, LISW, as a professional member was made by Sara Schwatken and seconded by Holly Paulsen. This was approved.

Item 11 **Conference Update (Sara Schwatken)**

- Board members were instructed to register as community members so there would not be a fee.
- Help promote the event by sending information to professional contacts, organizations, and friends!
- Sara is still looking for volunteers to host rooms for the event.

Item 12 **Caregiver Support Group (Amy Crane)**

- Amy would like to start the group in March 2022.
- She is planning to consult with Beth Ann on topics prior to each meeting.
- A motion to proceed with moving forward with the caregiver support group was made by Kathryn Wierda and seconded by Kim Pontius. This was approved.

Item 13 **Legacy Dinner (Holly Paulsen)**

- Is this something we wish to continue?
- This event was a nice opportunity for providers to connect. What would it look like to host a less formal activity to create more community?
- Events committee will discuss and this will be presented to volunteers as an opportunity.

Item 14: **Adjourn**

- Kim Pontius made a motion to adjourn the meeting. Michelle Kellar seconded the motion. Motion approved.
- Meeting adjourned at 7:20AM.