

EATING DISORDER COALITION OF IOWA (EDCI)
BOARD OF DIRECTORS MEETING MINUTES

January 7, 2022 at 6:15AM CST/Zoom

Present: Melissa Arnold, Suzanne Hull, Michelle Kellar, Tanya Hargrave-Klein, Lynn Moore, Holly Paulson, Kim Pontius, Sara Schwatken, Kathryn Wierda

Action Items:

Call To Order (Sara Schwatken):

- Meeting was called to order at 6:19am.
- Quorum established.
- Motion to approve agenda was made by Kim Pontius; seconded by Lynn Moore. Approved by Board.
- Motion to approve the December Board meeting minutes was made by Tanya Hargrave-Klein; seconded by Kim Pontius. Approved by Board.
- Motion to approve the treasurer report was made by Tanya Hargrave-Klein; seconded by Lynn Moore. Approved by Board.
- Motion to amend the written committee reports by removing the education report and approve all other written reports was made by Kim Pontius; seconded by Melissa Arnold. Approved by Board.
- Motion to approve the conflict of interest policy was made by Kim Pontius; seconded by Kathryn Wierda.
 - Kim Pontius noted that the committee added that removal of a board member may be a consequence of not reporting a conflict of interest.
 - Approved by Board.

Board approved.

Verbal Reports:

Officer Reports

President-Elect Report (Sara Schwatken)

- Working with volunteers to launch the journal club in 2022 and working on website updates.

Committee Reports:

P & P Committee (Kim Pontius)

- Kim Pontius asked if the conflict of interest policy should be added to the P&P manual and, if so, how is the P&P manual amended mid-year.
- Sara Schwatken suggested the P&P manual be a working document that can be amended by the Board at monthly meetings. Then formal approval would take place at the annual meeting. Suzanne would track the updates and prepare a list for the annual meeting.
- Kim Pontius will work with the committee to bring an action item to the next Board meeting that provides guidance on how to amend the P&P mid-year.
- Board members agreed to discuss where P&P should reside in next month's meeting.

BIEDA Committee (Michelle Kellar & Melissa Arnold)

- Michelle Kellar brought forward that the University of Iowa continues using the BIEDA name. She asked Board members to consider whether or not EDCI should notify the organization that EDCI is considering dissolving BIEDA.
- Melissa Arnold suggested that BIEDA efforts be moved to the education committee instead of attempting to overhaul the BIEDA P&P's.

- Kim Pontius asked if EDCI provides any oversight to the U of I BIEDA club? If not, would it be the desire of the Board to dissolve BIEDA?
- Kim Pontius and Melissa Arnold recommend to dissolve BIEDA. Decided that Melissa Arnold and Michelle Kellar will bring a motion to the Board next month to dissolve BIEDA. They will also provide a written report of the items that led up to this recommendation.
- Lynn Moore questioned if the co-founders should be included in this discussion. Sara Schwatken reminded Board members that co-founders are invited to each Board meeting.

K-12 Education Committee

- EDCI will be sponsoring a Zoom event on January 30th to introduce Iowa educators to the Be Real program.
- Amy Crane helped coordinate a Be Real presentation at the upcoming Iowa Nurses Association conference.

Events Committee (Holly Paulsen)

- Committee members are focused on the February caregiver event. Early registration is now open for this event. Amy Crane is in the process of finalizing the timeline and speakers. Meals/snacks will be provided by Hy-Vee and Fareway.
- EDCI is hosting a webinar in February that will feature presenters from Selah House. Board members were encouraged to share this info on social media to get the word out.

Discussion:

Amy's Gift (Sara Schwatken)

- Amy's Gift has invited EDCI to be a sponsor of their fall conference with 3 options for sponsorship level. EDCI would also have the opportunity to earn \$20 per hour of credit for each volunteer hour contributed. This credit would be applied against the sponsorship fee.
- Historically, EDCI has partnered with Amy's Gift. This partnership has yielded financial benefits and included marketing benefits.
- Board members agreed that Sara Schwatken would set-up a meeting with Stephanie Burroughs at Amy's Gift to discuss sponsorship options for this year and potential partnership opportunities in the future.

Guest Authors for blog and e-newsletter

- As Kristy Rieken was unable to attend this meeting, this discussion was tabled until the next Board meeting.

Strategic Planning (Sara Schwatken)

- Committees are to review the Marketing/Fundraising strategic plan in Dropbox and model their strategic plan on this example.
- Committees should plan to bring their strategic plan to the March board meeting for review. The Exec Committee will then review the plans.

New Business:

E-Newsletter (Suzanne Hull)

- Send blogs and links to articles to Suzanne.

Annual Meeting (Sara Schwatken)

- Suzanne to send out a Doodle poll regarding annual meeting:
 - Weekend or one-day meeting?
 - Would members like the meeting to be held at the Creighton Retreat Center or someplace else?
 - Which weekend in June is best?

Adjourn: Kim Pontius made a motion to adjourn the meeting; Holly Paulsen seconded the motion. Board approved.

- Meeting adjourned at 7:30AM

-Submitted respectively by Tanya Hargrave-Klein, Secretary, on January 9, 2022.