

**EATING DISORDER COALITION OF IOWA (EDCI)
BOARD OF DIRECTORS MEETING MINUTES**

Date/Time/Location: April 07, 2023 @ 6:15AM on Zoom

Present: Sara Schwatken, Melissa Arnold, Kathryn Wierda, Amy Crane, Tanya Hargrave-Klein, Suzanne Hull, Amy Studer, Julia Freeman, Kristy Hoffman Rieken

Action Items:

Call to Order (Sara Schwatken)

- Meeting was called to order at 6:19 am
- Quorum established
- Motion to Approve Consent Agenda (i.e., Agenda, Minutes from March meeting, Treasurer’s report, written reports received) was made by Julia Freeman; seconded by Tanya Hargrave-Klein. Motion Approved unanimously by Board.
- Motion to approve Erica Bobst as a new member was made by Melissa Arnold; seconded by Julia Freeman. Motion was Approved unanimously by Board.
- Motion to approve expense of \$450 for one RAYGUN shirt per incoming and outgoing EDCI board member and Executive Director (This expense is outside current fiscal budget and over \$200, so it requires a board vote) was made my Julia Freeman, seconded by Kathryn Wierda.
 - ADDENDUM requested - Learned EDCI is able to purchase each shirt for \$12 and can be picked up on June 1st. Total expense will be \$288 for 24 shirts for incoming and outgoing board members.
 - Motion to approve addendum was made by Tanya Hargrave-Klein; seconded by Julia Freeman.
 - Discussion related to collecting shirt sizes. Amy to send out form to collect sizes.
 - Motion was Approved unanimously by Board.
- Motion to approve P & P updates (i.e., the original document with suggested edits, a list of all the changes, and a new/clean document with our branding) was made by Kathryn Wierda; seconded by Julia Freeman. Motion was Approved unanimously by Board.

Verbal Reports:

Officer Reports

President (Sara Schwatken)

- Report in Dropbox
- 8 applications for Board membership – Melissa, Julia, and Sara already starting interviews

Past President (Kristy Hoffman Rieken)

- Thank you to Sara and Melissa for P&P changes

President Elect (Melissa Arnold)

- Planning/preparing for June retreat and role as President
- Interviews have been going great
- Going to Waukee schools in a couple weeks for an awareness event – plan to have students test out app., will get photos of event

Secretary (Kathryn Wierda)

- Nothing additional to report

Treasurer (Amy Crane)

- Nothing in Dropbox – In the process of getting help with bank statement

Executive Director (Suzanne Hull)

- Nothing additional to report

Verbal Reports:

Committee Reports

Events/Membership (Sara Schwatken)

- Some difficulties getting speaker sponsorships for October event - Suzanne is currently working on.
- Plan to potentially have different tracks for conference.
- Erica (voted on earlier) is the only update regarding membership.

Education (Melissa Arnold)

- Education committee will be pausing for the coming year in order to use time and energy more wisely and focus on larger board projects

Support (Kathryn Wierda)

- Provided updates regarding recent succulent event – event went great, all five registered participants attended, good conversation, and additional ideas related what future community events could look like

Budget/Fundraising/Marketing (Tanya Hargrave-Klein)

- Amy and Tanya discussed moving EDCI PO box location closer to executive director
 - Potentially change expectations for treasurer and description of duties in P & P – potentially shift some duties to executive director

Discussion:

Next Year Executive Board Positions

- Board encouraged to think about interest in available Executive Board roles for the coming year (i.e., secretary, treasurer, president – elect)

Revising/Revamping Committee Work for Coming Year

- Combine Events/Membership/Budget committee into one “Development” committee – Suzanne and one Board member would co-chair
- Eliminate Education committee for the coming year
- Shift Support committee to “Awareness” committee – continue to focus on content creation, blog posts, website updates, text app. content, and support gatherings

- Main focus of entire Board will be Thrivent project
- Helpful/good to look at what is working and not working each year – keep flexible, focus can shift yearly depending on passion of the Board
 - Sara to create content regarding committees for Board to think about what committee they would like to be on for the coming year

Updates regarding Text App.

- Melissa reached out to Francesca regarding edits and waiting to hear back
- Important to get app. live – aiming for last week of April? Realistic?
- Get any additional feedback to Francesca in the next week or two

Preliminary Budget for FY 23-24 (Tanya)

- Plan to vote on budget at June retreat?
- Committee would like preliminary budget and solid numbers regarding Thrivent funding/expenses (plan to do virtual vote one week later)
 - Committee to look into possible investment options and bring back to Board next month

Thrivent Updates

- Brainstorming what groups EDCCI could get in front of? What could it look like?
 - Sara to speak at DO conference May 4th regarding prevention – target audience for initiative
- Julia reached out to Polk county legislators/state representatives
 - State representative stopped by recent succulent event – interested in what we need
 - Do we want Julia to reach out to more state representative? Julia to keep track of who is contacted
 - Focus on advocacy work – discussion related to advocacy work verses lobbying
- Potentially collaborate with Allison St. Germain regarding educating healthcare providers about weight stigma – she is already doing a lot of this work – could EDCI sponsor? (Tanya)
- Stephanie Burroughs working on presentation for Unity Point – email Stephanie any names of potential providers in the metro (Sara)

Suzanne will miss May Board meeting - out of office May 5th - May 18th

Sara will out of office May 11th - May 20th

Adjourn:

A Motion to adjourn the March Board meeting was made by Julia Freeman, seconded by Melissa Arnold. Motion Approved unanimously by Board. Meeting adjourned at 7:27 AM.

Submitted respectfully by Kathryn Wierda, Secretary, on April 22, 2023