

EATING DISORDER COALITION OF IOWA (EDCI)  
BOARD OF DIRECTORS MEETING MINUTES

**June 3, 2022 at 3PM CST/Reasoner, Iowa**

Present: Melissa Arnold, Kimmie Bolinger, Julia Freeman, Tanya Hargrave-Klein, Suzanne Hull, Francesca Johnson, Michelle Kellar, Lynn Moore, Kim Pontius, Kristy Rieken, Eva Schoen, Sara Schwatken, Amy Studor, Kathryn Wierda

**Action Items:**

**Call To Order (Kristy Rieken):**

- Meeting was called to order at 3:05pm.
- Quorum established.
- Motion to approve agenda was made by Kim Pontius; seconded by Melissa Arnold. Approved unanimously by Board.
- Motion to approve the May Board meeting minutes was made by Tanya Hargrave-Klein; seconded by Kim Pontius. Approved unanimously by Board.
- Motion to approve the treasurer report was made by Kim Pontius; seconded by Michelle Kellar. Approved unanimously by Board.
- Motion to approve the written committee reports was made by Kathryn Wierda; seconded by Sara Schwatken. Sara noted that reports include approval of professional member, Mackenzie Woolwich, RD LD. Approved unanimously by Board.
- Motion to approve revisions to P&P was made by Melissa Arnold; seconded by Kim Pontius. Discussion noted that BIEDA was eliminated and past-president was granted voting rights. Kristi showed the original 70+ page version and thanked the P&P committee for overhauling the document to a manageable size with updated content. Approved unanimously by Board.
- Motion to approve the 2022-23 budget was made by Sara Schwatken; seconded by Tanya Hargrave-Klein. Discussion: Sara Schwatken proposed that the budget be updated to reflect the strategic plans that each committee has updated today and the budget be voted on in the July board meeting. Amended motion to approve the 2022-23 budget at the July board meeting was made by Julia Freeman; seconded by Kimmie Bolinger. Motion as amended approved unanimously by Board.

**Verbal Reports:**

**Officer Reports**

**President (Kristy Rieken)**

- Thank you for supporting and teaching me for the last 2 years.

**Past President (Kim Pontius)**

- Thank you for the good time. It has been a huge switch since 2020 and I have watched the board move from an unorganized group to an organized and cooperative Board. It is really cool to see a non-hierarchical board and I appreciate the opportunity to have served for six years.

**President Elect (Sara Schwatken)**

- Last few weeks have been spent getting ready for the retreat. I don't see EDCI as a person-led organization; it is a group-led organization and I want your voice at the table.

### **Treasurer (see report)**

- Last month's bank balance was \$64,134.67. The current bank balance is \$62,393.32
  - May 2022 Revenues = \$103.55
  - May 2022 Expenses = \$1,844.90

### Verbal Reports:

#### **Events Committee (Kristy Rieken)**

- 2 possible speakers identified for QCED conference.
- Keynote for the caregiver portion of February event has been identified.

#### **Membership Committee (Sara Schwatken)**

- Creation of "corporate friends of EDCI" membership is underway.

#### **Education Committee (Melissa Arnold)**

- Researching a mobile app to reach audience in a new and convenient way.
- Continuing to complete strategic planning.

#### **Support/Advocacy (Kathryn Wierda)**

- Exploring the idea of EDCI Safe Space/Free Roaming events
- Discussing use of mobile app to reach medical providers.

### Discussion:

#### **Consent Agenda (Sara Schwatken)**

- Having a consent agenda will cut back on time spent motioning, voting and confirming typical reports such as agenda, treasurer report, committee reports, minutes.
- Having a consent can only work effectively if the reports and other matters for the meeting agenda are known in advance and distributed with agenda package in sufficient time to be read and reviewed by all members prior to the meeting.
- First four agenda action items would be lumped together for approval to be more efficient with time.
- Consent agenda will be added as action item to July meeting as a revision to P&P.

#### **P&P Revisions (Sara Schwatken)**

- Rather than have a P&P committee it was discussed to assign the responsibility of P&P revisions to the Secretary. Kathryn Wierda to prepare this action item for a vote in July meeting.

### New Business:

#### **Board Meeting Day/Time**

- Suzanne Hull to send out a Doodle poll to identify times members are available for Board meeting. Plan to discuss results in July meeting.

#### **In-Person vs Virtual Meetings**

- Do board members want to meet more frequently in person? Should we schedule in-person board meetings around in-person events. Suzanne to arrange for meeting room and internet for October meeting to be held at QCED conference.

#### **Slack demo**

- Board members will trial using Slack for communication between meetings. Francesca Johnson to provide a demo during July meeting.

#### **2023 Board Retreat**

- Discussion regarding where and when for the next board retreat. Suzanne to poll Board members on preferences and availability.

Adjourn: A motion to adjourn the June board meeting was made by Kim Pontius; seconded by Michelle Kellar. Board unanimously approved.  
Meeting adjourned at 3:57PM

-Submitted respectively by Tanya Hargrave-Klein, Secretary, on June 11, 2022.