

**EATING DISORDER COALITION OF IOWA (EDCI)
BOARD OF DIRECTORS MEETING MINUTES**

Date/Time/Location: 07/12/2024, 6:15 AM via Zoom

Attendees Present: Sabrina Rogers, Sara Schwatken, Suzanne Hull, Abbie Scott, Kathleen O'Connor, Stephanie Proud, April Block-Lafferty, Julia Freeman, Alicia Roeder

Action Items: Call to Order (by Stephanie Proud at 6:20am)

1. Approve Consent Agenda, Minutes from June meeting, Treasurer's report, Quickbooks Reports, Written Reports received
 - a. A motion to approve the consent agenda was made by Julia and seconded by Kathleen. Motion approved unanimously by the board.
2. Melissa Arnold Letter of Resignation
 - a. A motion to approve resignation was made by Sara and seconded by Kathleen. Motion approved unanimously by the board.
3. Approval of Your Fat Friend Screening expenses (Sara)
 - a. Fleur Theater will rent a theater and lobby for \$450 which includes streaming of the post-film Q&A
 - b. Recommend to ask for Sat, Sept 28th for a late morning/early afternoon time slot
 - c. No expenses are needed for procuring the film as the filmmakers will receive a cut of the ticket sales
 - d. A motion to approve the budget expense was made by Sara and seconded by Sabrina. Motion approved unanimously by the board.
4. Professional Membership Application Christine Nanke, RD, LD (Abbie)
 - a. "I have worked as an outpatient dietitian for the past 9 years providing individual nutrition therapy for kids and adults struggling with eating disorders and disordered eating. My passion resides in helping children rediscover the joy of food freedom and body acceptance. I have completed over 3500 hours of direct patient care for eating disorders and over 2 years of supervised experience from an approved eating disorder supervisor. Over the years I have attended conferences and completed CEUs on the treatment of eating disorders."
 - b. A motion to approve the application for Christine was made by Julia and seconded by Abbie. Motion approved unanimously by the board.
5. Increase Professional Membership fee from \$75 to \$100 – effective applications August 2024 and on. Board discussed at June Retreat; all current professional members have been informed of this vote for 2025-2026 dues change (Abbie)
 - a. A motion to approve the fee increase was made by Julia and seconded by April. Motion approved unanimously by the board.

Verbal Reports: Officer Reports

President/President Elect (Stephanie Proud - Interim President)

- Nothing in addition to the written report in dropbox.

Secretary (Kathleen O'Connor)

- Nothing additional.

Past President/Treasurer (Sara Schwatken)

- Nothing in addition to written report in dropbox, financial statements in dropbox.
- Plan to review past month in board meetings moving forward (Suzanne), Sara to provide a more narrative version.

Executive Director (Suzanne Hull)

- Nothing additional.

Verbal Reports: Committee Reports

Development

- Not provided, to determine committee lead.

Healthcare (Kathleen)

- Nothing in addition to report in dropbox, addressed focus on core courses and timeline.

Discussion Items

1. Steve to join meeting to answer questions, discuss possible next steps (Stephanie)
 - a. Steve to look into generating monthly reports with metrics: users and reach.
 - b. Steve's recommendations: (1) automated follow-up message to users, (2) decision-tree or AI approach.
 - c. Add opt-in to newsletter link - warrants further discussion.
2. Black Hawk Grundy Mental Health Center 26-Jul-2024
 - a. Sara and Stephanie speaking
3. CE Update for Core Courses (Kathleen)
4. Discuss U of I Planning Committee Members vs. Presenters (Sara/Gabbie), as well as cost estimate Suzanne received from U of I
5. EDAW – Planning (Sara)
 - a. Proposed half-day virtual training for providers (therapists and dietitians) to increase funding through ticket sales and sponsorship opportunities
 - b. Will need to identify and secure speaker(s). Who are we most interested in?
 - i. Aaron Flores
 - ii. CREDO with CBT-E
 - iii. Nutrition Psychiatry for ED
 - iv. Virtual Treatment?
6. What tasks and activities does each committee have for volunteers to be working on? (Sabrina)
7. Launch of textED line (Stephanie)
8. Needs for additional marketing/outreach regarding this service (Stephanie)
9. Expense report form <https://forms.gle/uE7JHgK3JL6MYDFd8> (Suzanne)
10. Edward Jones (EDJ) CD
 - a. On August 8, 2024 EDCI account's one year CD investment will mature. The \$45000 CD was purchased on August 9, 2023.

- b. As of August 8, the cash available for EDCI use will be approximately \$47,380. which includes the interest payment.
- c. What does EDCI want to do?
 - i. EDJwill NOT reinvest the monies without verbal direction.
 - ii. EDCI could close the account and receive a check.
 - iii. EDCI could reinvest some or all of the proceeds from the matured CD. CDs purchased through EDJ are only issued in increments of \$1000.
- d. If EDCI keeps the account open,they will need to know who the new authorized signatories are.

New Business

- 1. Development Committee Leadership - Alicia to chair committee.

Next meeting

Next Board meeting: Zoom August 2, 2024, 6:15 am – 7:30 am

Executive Board meeting: Zoom July 29, 2024 , 6:15 am – 7:30 am

A Motion to adjourn the meeting was made by Julia, seconded by Saa Motion Approved unanimously by Board. Meeting adjourned at 7:38 AM

Submitted respectfully by Kathleen O'Connor, Secretary, on 7/12/24.