

EATING DISORDER COALITION OF IOWA (EDCI)
BOARD OF DIRECTORS MEETING MINUTES

April 1, 2022 at 6:15AM CST/Zoom

Present: Melissa Arnold, Amy Crane, Tanya Hargrave-Klein, Suzanne Hull, Michelle Kellar, Kim Pontius, Holly Paulson, Kristy Rieken, Sara Schwatken, Kathryn Wierda

Action Items:

Call To Order (Kristy Rieken):

- Meeting was called to order at 6:23am.
- Quorum established.
- Motion to approve agenda was made by Kathryn Wierda; seconded by Kim Pontius. Approved unanimously by Board.
- Motion to approve the March Board meeting minutes was made by Tanya Hargrave-Klein; seconded by Melissa Arnold. Approved unanimously by Board.
- Motion to approve the treasurer report was made by Sara Schwatken; seconded by Holly Paulson. Approved unanimously by Board.
- Motion to approve the written committee reports was made by Kim Pontius; seconded by Michelle Kellar. Approved unanimously by Board.
- Motion to approve Stephanie Proud for professional membership was made by Sara Schwatken; seconded by Amy Crane. Approved unanimously by Board.
- Motion to approve changes to P&P was made by Kim Pontius; seconded by Amy Crane. Approved unanimously by Board.
- Motion to approve leave of absence request from Lynn Moore was made by Sara Schwatken; seconded by Melissa Arnold. Approved unanimously by Board.

Verbal Reports:

Officer Reports

President (Kristy Rieken)

- Extended thank you to Suzanne Hull for keeping things moving forward this past year.
- Extended thank you to committees for doing consistent work.
- There are four new board applicants.
- Eva Schoen has applied for a volunteer position.

Past President (Kim Pontius)

- Kim Pontius and Sara Schwatken are meeting with Thrivent as this organization has discussed supporting EDCI financially.

President-Elect Report (Sara Schwatken)

- Working on retreat agenda and hoping that this can be a time to refine strategic plan.
- Draft of the strategic plan for the executive director has been created.

Treasurer (Amy Crane)

- Last month's bank balance was \$66,925.41. The current bank balance is \$63,179.45.
- Revenue = \$738.52
 - Facebook deposit \$240
 - Donation check \$50
 - Facebook deposit \$75
 - Eventbrite (Feb event) \$278
 - Amazon smile donation \$30.52
 - Donation check \$65

- Expenses = \$4484.48
 - Suzanne \$1365
 - Zoom annual fee \$160.39
 - Storage Unit \$45.00
 - Payment to Dr. Rowell \$200
 - Printing for Feb event \$244.09
 - BeReal donation \$500
 - West48 (Feb event) \$760
 - Rachael Steil (Feb event) \$1210

Verbal Reports:

Events Committee

- Michelle Kellar shared thank you note received from the Ronald McDonalds House staff for food donations.
- Holly Paulsen reminded members that EDCI was hosting a webinar on April 8th that ACUTE will present and another on April 20th that Alsana will be present.

Support/Recovery (Kathryn Wierda)

- Committee is exploring ways to better support EDCI efforts including blogs and advocacy.
- Amy Crane reported that one caregiver attended the first support group meeting last month.

Discussion:

Nominations Committee (Kristy Rieken)

- There are four applications for new Board members.
- Holly Paulsen, Kim Pontius, Michelle Kellar, and Kristy Rieken to interview the applicants.
- Applications are saved in Dropbox and may be reviewed by Board members.
- Mellissa Arnold to reach out to another potential applicant.
- Board members clarified that individuals must be in strong recovery to be eligible to apply for a Board member position.
- Plan is to vote on the applicants at May meeting.

Committees & Roles (Sara Schwatken)

- Could P&P be assigned to an Executive Board member?
- Rename support/recovery to support/advocacy.
- Committee for next year are tentatively events, membership, education, support/advocacy, and budget/fundraising/marketing.
- Sara put a call out for assistance on the membership committee.
- President-Elect and Secretary positions are open on the Executive Board for next year. Board meets the Monday prior to the Board meeting at 6:15AM.
- Kim Pontius asked if volunteers are required to live in Iowa? Consensus among Board members was that volunteers must reside in Iowa. Next a discussion followed about whether or not professional members must reside in Iowa.

NEDA Walk (Holly Paulsen)

- Walk is Saturday, April 30th in Iowa City. Registration is 9AM and walk begins at 10AM.
- Each table must host an activity. Brainstormed activity ideas including play-doh, affirmation cards.
- Thank you to Amy Crane for transporting supplies to Holly Paulsen.

Virtual Advocacy Day (Kristy Rieken)

- This virtual event is scheduled for May 17, 2022.
- Training is the evening before.
- EDCI allowed 3 attendees/participants. Contact Kristy Rieken if interested in attending.

Dr. Katja Rowell (Amy Crane)

- Training hosted by Four Oaks for adoptive parents is scheduled for April 14th from 7-9PM.
- A link will be sent to Board members if anyone would like to attend.
- The presentation will be recorded for future use by Four Oaks.

New Business:

Rebecca Zote – Lifting The Veil (Kristy Rieken)

- Request for EDCI to participate in 2022 Road To Recovery.
- June 23, 2022 will feature youth and recovery and November 17, 2022 will feature adults and recovery.
- Support/advocacy committee to research and explore.
- Suzanne Hull reminded Board members to consider whether or not the publication will reach EDCI's target market. What are the demographics of readers?

Google Calendar (Suzanne Hull)

- A google calendar will be created for the website so that visitors can easily view events/activities in calendar format.

Adjourn:

A motion to adjourn the April board meeting was made by Kim Pontius; seconded by Tanya Hargrave-Klein. Board unanimously approved.
Meeting adjourned at 7:31AM

-Submitted respectively by Tanya Hargrave-Klein, Secretary, on April 23, 2022.