

EATING DISORDER COALITION OF IOWA (EDCI)
BOARD OF DIRECTORS MEETING MINUTES

October 5, 2021 at 6:15AM CST/Zoom

Present: Melissa Arnold, Amy Crane, Suzanne Hull, Tanya Hargrave-Klein, Lynn Moore, Holly Paulsen, Kim Pontius, Kristy Rieken, Kathryn Wierda

Action Items:

Call To Order (Kristy Rieken):

- Meeting was called to order at 6:18am.
 - Quorum established.
 - Motion to approve agenda was made by Lynn Moore; seconded by Kathryn Wierda. Approved by Board.
 - Motion to approve the October Board meeting minutes was made by Tanya Hargrave-Klein; seconded by Sara Schwatken. Approved by Board.
 - Motion to approve the written committee reports was made by Kim Pontius; seconded by Melissa Arnold. Approved by Board.
 - Motion to approve that a list of approved financial resources for eating disorder treatment for families and individuals be posted online by EDCI was made by Kim Pontius; seconded by Holly Paulsen.
 - Amy Crane located a list of non-profit organizations that offer financial assistance for individuals seeking eating disorder treatment.
 - Kim Pontius to compose a blog on financial aspect of treatment.
- Board approved.

Verbal Reports:

Officer Reports

President Report (Kristy Rieken)

- Exec Board working on strategic planning process.
- Kristy Rieken represented EDCI at Mental Health Night in Atlantic last month. While it was not well attended, she did compile attendee list to add to EDCI mailing list.

Treasurer Report (Amy Crane)

- EDCI received a \$291 donation from Southwest Regional Medical Center. Money was raised via employee charitable contribution activity. Amy recommended we feature the organization and activity in an upcoming newsletter.

Old Business:

Virtual Fall Conference (Sara Schwatken)

- Virtual fall conference brought in a profit for EDCI.
- Attendee survey results were positive.
- Board members discussed what involvement with Amy's Gifts upcoming conference should look like.

February Event (Amy Crane)

- EDCare has agreed to provide a speaker.
- Fareway has agreed to provide food/beverage for the day.
- Suzanne inquired about when marketing activities will begin.

Iowa School Nurse Conference (Amy Crane)

- This is a virtual event and organizers are interested in hosting an eating disorder session.

- Amy Crane is recommending EDCI propose that Bryn Austin or Denise Hamburger (BE REAL) present on the topic.

January Webinar (Amy Crane)

- EDCI will host a webinar on body confidence on January 23rd.
- The intended audience are educators and school personnel.
- Denise Hamburger, from BE REAL, will be presenter.
- Amy is working to contact schools and disseminate registration information.
- There is no fee to attend.

P&P Committee (Kim Pontius)

- Conflict of interest policy and how to amend P&P's policy are in progress.

New Business:

Holiday Gathering (Kristy Rieken)

- Kristy will be sending email to request dates/times for holiday gathering.

Giving Tuesday (Tanya Hargrave-Klein)

- Giving Tuesday is the last Tuesday in November.
- Email will go out via Mail Chimp the week prior to Giving Tuesday.
- Board members are encouraged to set up #GivingTuesday fundraiser on their social media sites to raise money for EDCI on this annual giving day. More information to follow.

E-Newsletter

- Suzanne reminded Board members that submissions for the e-newsletter are needed.

Adjourn:

Lynn Moore made a motion to adjourn the meeting; Kathryn Wierda seconded the motion. Board approved.

- Meeting adjourned at 7:29AM

-Submitted respectively by Tanya Hargrave-Klein, Secretary, on November 17, 2021.