

EATING DISORDER COALITION OF IOWA (EDCI)  
BOARD OF DIRECTORS MEETING MINUTES

**October 5, 2021 at 6:15AM CST/Zoom**

Present: Melissa Arnold, Amy Crane, Suzanne Hull, Tanya Hargrave-Klein, Lynn Moore, Holly Paulsen, Kim Pontius, Kristy Rieken, Kathryn Wierda

Action Items:

**Call To Order (Kristy Rieken):**

- Meeting was called to order at 6:18am.
  - Quorum established.
  - Motion to approve agenda was made by Lynn Moore; seconded by Kathryn Wierda. Approved by Board.
  - Motion to approve the October Board meeting minutes was made by Tanya Hargrave-Klein; seconded by Sara Schwatken. Approved by Board.
  - Motion to approve the written committee reports was made by Kim Pontius; seconded by Melissa Arnold. Approved by Board.
  - Motion to approve that a list of approved financial resources for eating disorder treatment for families and individuals be posted online by EDCI was made by Kim Pontius; seconded by Holly Paulsen.
    - Amy Crane located a list of non-profit organizations that offer financial assistance for individuals seeking eating disorder treatment.
    - Kim Pontius to compose a blog on financial aspect of treatment.
- Board approved.

Verbal Reports:

**Officer Reports**

**President Report (Kristy Rieken)**

- Exec Board working on strategic planning process.
- Kristy Rieken represented EDCI at Mental Health Night in Atlantic last month. While it was not well attended, she did compile attendee list to add to EDCI mailing list.

**Treasurer Report (Amy Crane)**

- EDCI received a \$291 donation from Southwest Regional Medical Center. Money was raised via employee charitable contribution activity. Amy recommended we feature the organization and activity in an upcoming newsletter.

Old Business:

**Virtual Fall Conference (Sara Schwatken)**

- Virtual fall conference brought in a profit for EDCI.
- Attendee survey results were positive.
- Board members discussed what involvement with Amy's Gifts upcoming conference should look like.

**February Event (Amy Crane)**

- EDCare has agreed to provide a speaker.
- Fareway has agreed to provide food/beverage for the day.
- Suzanne inquired about when marketing activities will begin.

**Iowa School Nurse Conference (Amy Crane)**

- This is a virtual event and organizers are interested in hosting an eating disorder session.

- Amy Crane is recommending EDCI propose that Bryn Austin or Denise Hamburger (BE REAL) present on the topic.

**January Webinar (Amy Crane)**

- EDCI will host a webinar on body confidence on January 23<sup>rd</sup>.
- The intended audience are educators and school personnel.
- Denise Hamburger, from BE REAL, will be presenter.
- Amy is working to contact schools and disseminate registration information.
- There is no fee to attend.

**P&P Committee (Kim Pontius)**

- Conflict of interest policy and how to amend P&P's policy are in progress.

New Business:

**Holiday Gathering (Kristy Rieken)**

- Kristy will be sending email to request dates/times for holiday gathering.

**Giving Tuesday (Tanya Hargrave-Klein)**

- Giving Tuesday is the last Tuesday in November.
- Email will go out via Mail Chimp the week prior to Giving Tuesday.
- Board members are encouraged to set up #GivingTuesday fundraiser on their social media sites to raise money for EDCI on this annual giving day. More information to follow.

**E-Newsletter**

- Suzanne reminded Board members that submissions for the e-newsletter are needed.

Adjourn:

Lynn Moore made a motion to adjourn the meeting; Kathryn Wierda seconded the motion. Board approved.

- Meeting adjourned at 7:29AM

-Submitted respectively by Tanya Hargrave-Klein, Secretary, on November 17, 2021.