**EATING DISORDER COALITION OF IOWA (EDCI)**

**BOARD OF DIRECTORS MEETING MINUTES**

**Date/Time/Location:** 03/07/2025, 6:15 AM via Zoom

**Attendees Present:** Gabbie Sloan, Sara Schwatken, Sabrina Rogers, Stephanie Proud, Eva Schoen, Kathleen O’Connor, Suzanne Hull, Abbie Scott, April Block-Lafferty, Brandi Stalzer

**Action Items: Call to Order (by Gabbie Sloan at 6:16am)**

1. Approve Consent [Agenda](https://www.dropbox.com/scl/fi/p31cumdb64rhmcqh5g06l/Agenda-March-board-meeting.docx?rlkey=ijv9mdr3c3u4o9f3f9aknl7gr&dl=0), [Minutes from February meeting](https://www.dropbox.com/scl/fi/0lra1y5ndo32ayx9zgciw/Approval-Pending-Board-Meeting-Minutes-02.07.2025.docx?rlkey=ulww97eswbfydc8ud0x23tw2a&dl=0), [Treasurer’s report](https://www.dropbox.com/scl/fi/irfm2pwnsqrycgy8xtqi6/Treasurer-Report_-Jan-2025.docx?rlkey=89rb4za9yjpyt99rd6gqea5tj&dl=0), [Quickbooks Reports (January)](https://www.dropbox.com/scl/fi/tsm504jhspi0lesrn1uof/Financials-as-of-31Jan2025.pdf?rlkey=u5926mo936v5pkg8zsh165kxk&dl=0), [Written Reports received](https://www.dropbox.com/scl/fo/4ztn1maog1wfv37q4k4q5/AIhvUt6MM3Sg9wsHImBY33E?rlkey=d6lwdyr7npfm4ffpg365uwwcz&dl=0)
   1. A motion to approve the consent agenda was made by Stephanie and seconded by Sabrina. Motion approved unanimously by the board.
2. Approve professional member applicant
3. Katie LeMair, MS, RD, CSSD, LD: I *work primarily with athletes and active individuals experiencing ED/DE in an outpatient setting as a private practice dietitian. I am a board-certified sports dietitian with 7 years experience working within NCAA Division I college athletics. I have actively engaged in professional group and individual supervision for working with Eating Disorder cases since 2021.*
   * 1. A motion to approve membership was made by Stephanie and seconded by Abbie. Motion approved unanimously by the board.

**Verbal Reports: Officer Reports**

**President (Gabbie Sloan)**

* Nothing in addition to the written report in dropbox.

**President Elect (Stephanie Proud)**

* Nothing in addition to the written report in dropbox.

**Secretary (Kathleen O’Connor)**

* Nothing in addition to the written report in dropbox.

**Treasurer (Sara Schwatken)**

* Nothing in addition to the written report in dropbox.

**Executive Director (Suzanne Hull)**

* Nothing in addition to the written report in dropbox.

**Verbal Reports: Committee Reports**

**Development (Stephanie)**

* Nothing in addition to the report in dropbox.

**Healthcare (Kathleen)**

* Nothing in addition to the report in dropbox.

**Discussion Items**

1. Discuss fall conference themes:
   1. Deepening the Work: Advanced Approaches in Eating Disorder Care
   2. Advanced topic ideas: target body weights, special populations, clinical applications, Lisa DuBreuil?
2. EDAW Virtual Conference Recap/reflect (Gabbie)
3. UI JPEC Project–update (Stephanie)
4. Strategic Plan [Overview](https://www.dropbox.com/scl/fi/1ndze8hfbjrh8glo2n1hd/EDCI-Strategic-Plan-Overview-2025.docx?rlkey=c743qawcs2pj0vta6o2hn1pfh&st=j6cf9ra1&dl=0) (Sara)
5. Roles for 2025-2026
6. Interest [Form](https://docs.google.com/forms/d/e/1FAIpQLSfBAbFkugpknmtKNYhxbGI3hoNR2IGHmnfcrO4EzzmM7Wxt5g/viewform?usp=header)
   * 1. Please complete by next board meeting and/or inform Gabbie of intent to remain on board prior to 4/4/25.
7. Board Retreat June 6, 2025 @ The Thoreau Center (Stephanie)
8. Turn on email “Out of Office” when unavailable (Gabbie)

**New Business**

1. Training opportunity: IAFP (Kelly Scallon) reached out regarding IOMA (DO) presentation opportunity on May 1, 2025 in Des Moines.
   1. Brandi or Abbie to consider presenting?

**Next meeting**

Next Executive Board meeting: Zoom March 31, 2025, 6:15am – 7:30am

Next Board Meeting: Zoom April 4, 2025, 6:15am – 7:30am

A Motion to adjourn the meeting was made by Sara, seconded by Brandi. Motion Approved unanimously by Board. Meeting adjourned at 7:02 AM.

Submitted respectfully by Kathleen O’Connor, Secretary, on 03/07/25.